

Health Matters at Work®



healthmattersatwork.org

Through *Health Matters at Work®*, Community Health Charities coordinates both virtual and onsite health education experiences supported by the nation's most trusted health charities. For businesses that include Community Health Charities in its employee giving campaign, there is no cost to engage with the *Health Matters at Work®* program. We developed Health Matters at Work® because we believe good health is vital for our entire community - including workplace communities.

Health Matters at Work® is a win-win program for the whole community. Employers win because it provides an employee engagement mechanism to help employees get healthier, happier and be more productive. Employees win because they have access to local health experts and resources for themselves and their entire family. Our member charities win because they serve their missions by actively promoting the detection, prevention and management of chronic conditions. Community Health Charities wins by attracting new organizations to our trusted, no-pressure workplace giving program while helping member charities advance their missions. And everyone wins when the community grows, prospers and thrives.

Why should my organization participate? Because you benefit by...

- Taking action to control health care costs
- Encouraging workplace wellness through customized on-site education and health fairs
- Improving workplace morale and enhancing community reputation

How is Health Matters at Work® different than what I may already receive from my health insurance provider?

- We offer information on trusted, local health resources that are available to employees right in their own community
- All employee interaction with our member charities is confidential
- You'll work with an "A-list" of credentialed health and medical charities
- You'll receive expertise, assistance and promotional materials needed to successfully encourage healthy lifestyles among employees

To learn how to implement Health Matters at Work® at your company, please contact us at HMatW@healthcharities.org or 800-654-0845.

